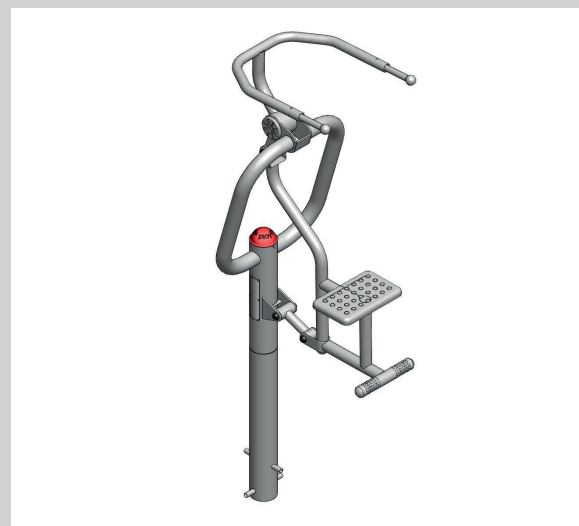


# Sit and Pull

Model Number JS-0558D



### User group

Body height greater than 140 cm

**Maximum user weight:** 120 kg

### Main functions

Trains the arm-, shoulder- and back-muscles.  
Improves strength and agility.

### Equipment dimensions

Base area (LxW): 950 mm x 735 mm

Total height: 2770 mm

Height above ground surface: 1870 mm

### Movement space

3957 mm x 3735 mm x 2347 mm

### Free height of fall

Maximum height of seat = 847 mm

### Required surface material

No requirements

### Weight of apparatus (±2 kg)

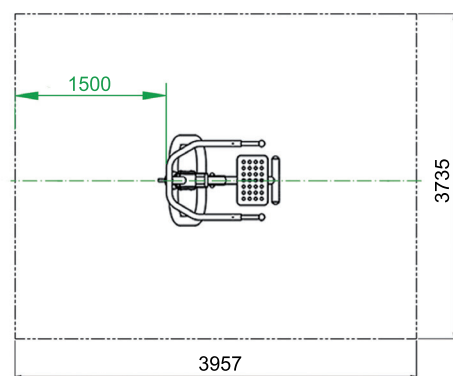
70.8 kg

### Conformity with standards

This equipment conforms to:  
EN 16630:2015

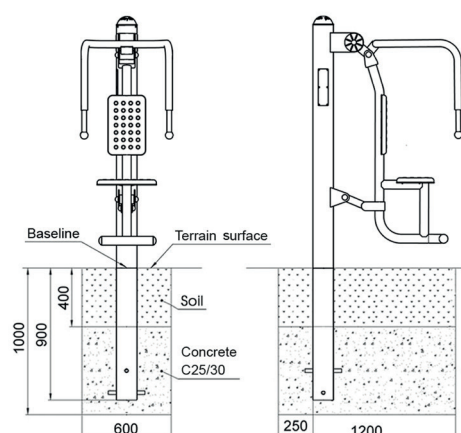


**Availability of spare parts:** Available



All dimensions in mm

Top view / Area of movement



All dimensions in mm

Foundation plan